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Christina brown (author of the yoga bible) -

Christina Brown is the author of The Yoga Bible (4.17 avg rating, 368 ratings, 18 reviews, published 2002), The Book Of Yoga (3.63 avg rating, 38 ratings

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Mar 02, 2012 The Yoga Bible by Christina Brown The Yoga Bible: The Definitive Guide to Yoga Postures by Christina Brown. Walking Stick Press 2003. 399 pages.

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