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Oct 28, 2011 Dr. Esselstyn talks about his research findings and success on the reversal of heart disease, recognising the health benefits of a plant-based diet

The diet- heart myth: how to prevent and reverse

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Preventing & reversing cardiovascular disease |

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Preventing and reversing heart disease, part

Preventing and Reversing Heart Disease. Part Three by Jeffrey Dach MD. This Article is Part Three. For Part One Click Here, and for Part Two Click Here.

Section one: preventing and reversing heart

Heart attacks bring patients into the emergency room in crisis. When blood flow through the coronary arteries is blocked by plaques or blood clots, part of the heart

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Heart Disease for Dummies by Dr. James M Rippe, MD Heart; Heart Disease for Dummies; it's also true that it is possible to prevent, treat, and even reverse

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